

# **SAFETY RULES AND INFORMATION FOR STUDENTS**

at

Tralee Regional Sports and Leisure Centre

**It is recommended that this section be photocopied and distributed to children participating in swimming lessons.**

1. All groups/schools on arrival at the Sports Centre must read the safety notices at reception or have them explained by a leader or competent person
2. Obey all pool rules laid out by signs and lifeguards [e.g. no running, jumping or diving.]
3. For safety and hygiene, swimming hats must be worn and swimmers must shower and use the toilet before entrance into pools.
4. The sports centre now operates a €1 coin locker system, which is refundable after use
5. The minimum age for children participating in swimming lessons is 5 years of age.
6. Anybody participating in swimming lessons with a medical condition should inform the swimming development officer in writing at the sports centre so provisions can be made in complete confidentiality.
7. Tralee Regional Sports and Leisure Centre is dedicated to improving the standards of swimming for children participating in swimming lessons to promote incentive and continue with swimming for their own enjoyment and personal safety.
8. Tralee Regional Sports and Leisure Centre is dedicated to education in swimming and is committed to providing water safety skills as part of a swimming lesson and providing water safety fact sheets to all children participating in swimming classes. Water safety skills are provided to children of 10 years and over provided they have the acquired swimming ability, they may use these skills to aspire for higher qualifications later in life, e.g. water safety classes, pool lifeguard qualification and beach lifeguard qualification, *these skills they acquire may save their lives or the lives of others in the future.*
9. If you need further information on any of the Sports Centres other programmes or public swimming times which are available seven days a week, please contact us on 066- 7126442 or fax us on 066- 7128160 or email on [traleesportscentre@eircom.net](mailto:traleesportscentre@eircom.net)
10. Swimming is great fun with great health benefits, but is also a vital life skill and Tralee Regional Sports and Leisure Centre believe it is essential for children to be taught these skills.

## **REGULATIONS FOR SCHOOLS VISITING TRALEE REGIONAL SPORTS AND LEISURE CENTRE**

1. In these regulations "Facilities" means the swimming pool, gymnasium, fitness centre, indoor playing courts, and associated premises at the Tralee Regional Sports and Leisure Centre, Clounalour, Tralee, Co. Kerry. The Manager or his agent shall have general charge of all the facilities and all the property relation thereto, and shall be the responsible person to carry into effect these regulations.
2. Any group or club using the facilities shall ensure that a competent person shall be in constant attendance during the period of the booking to supervise the proper and safe use of the facilities regulations by the members and to render assistance to any member who may get into difficulties.
3. Each group must appoint a competent person who will register at the reception on each visit of his/her group to the facilities.
4. A person resorting to the facilities shall not, after using the facilities loiter or remain without reasonable excuse, in any passage leading to or from the facilities.
5. A person resorting to the facilities shall not at any time carelessly or negligently break or improperly interfere with any of the equipment or furniture in the premises.
6. A person resorting to the facilities shall not at any other time by any disorderly conduct, disturb, or interrupt any other person in the proper use of the facilities or interfere with the Manager or his agent in the proper execution of his duty.
7. A person while on any part of the facilities shall not use any indecent or offensive language or behave in an improper manner or obstruct or impede the Manager of the facilities in the execution of his duty.
8. No person shall while suffering from any infectious or contagious disease enter or use any of the said facilities nor shall any person be admitted to the facilities when, in the opinion of the Manager or his agent, he or she is in a dirty state or intoxicated, or under the influence of drugs.
9. No person shall be allowed into the facilities without wearing the appropriate attire for that activity or as directed by the Manager or his agent.
10. No person shall commit any nuisance on any part of the facilities.
11. The management reserve the right of admission.
12. Tralee Regional Sports and Leisure Centre will not be responsible for any private property that may be lost, damaged or stolen in the facilities.
13. Users of the facility must refrain from causing disturbances by shouting, or otherwise behaving in an unseemly fashion. This regulation applies to both within the facility and grounds in the immediate vicinity.
14. Tralee Regional Sports and Leisure Centre are committed to providing a safe environment free from the abuse of improper use of photographic or filming equipment at the sports centre.
15. All Spectators parents, amateur photographers wishing to film or take photographs must:
  - a. *Register their names and addresses at reception.*
  - b. *Wear identification provided (where appropriate).*
  - c. *Not be given unsupervised access to children (i.e. changing facility).*
  - d. *Are not allowed take photographs within the grounds of the sports centre.*

**If you require further information please don't hesitate to contact us at the Sports Centre at 066-7126442 or fax us on 066-7128160.**

**Traleesportscentre @eircom.net**